

SSA Level One Syllabus: May 12- June 16, 2022

[See all Alignments here](#)

WEEK 1: EXPANDING INTO YOUR HEALING GIFTS (LIVE KICKOFF CALL)

- Activate and expand into your gifts and abilities as you get started on this journey
- Heal common blocks and issues healers carry >> Recorded healing /Live healing
- Receive the Heart of Creation connection, the cornerstone of the Sacred Soul Alignment modality, and open up the Divine Trinity (recorded healing to use ongoing)
- Receive Sacred Soul Alignment Glossary to can gain a deeper understanding of the terms used throughout this course
- Access to support library- healing recordings to take you through this journey safely and powerfully (30+ recorded healings for them to use ongoing)

ATTUNEMENTS for Module One:

The Divine Trinity Attunement amplifies your connection with and understanding of the Sacred Trinity of CoCreation to ensure the energy you are working from and with is Pure Source energy. It is through this Sacred Trinity that you are able to harness and bring through the Sacred Light, creating healing miracles.

Extra Lesson:

Basics of Pendulum use/ dowsing

WEEK 2: TUNING INTO YOUR OWN HEALER

- Receive the Healer Series of Alignments which include Activating the Ability to Heal Self and Others, Releasing Oaths, Vows, Contract and Obligations. The White Seamless Suit and much more. (10 Alignments)
- Understand the truth about healing energies and the potent energies of Sacred Soul Alignment and how they work
- Discover how to powerfully run Alignments for yourself
- Practice working with sacred energies to transform your life

Module 2 Attunement

The Sacred Codes for the Healer Series will attune you to the vibration of the 7 Sacred Soul Alignments in this class, so that you are able to run the energy and send them to yourself,

Recorded Healing: Dissolving Dense Embedded Emotions

Extra Lesson:

Intuition Build exercise 1- feeling frequencies in your body

WEEK 3: ELEVATING YOUR PERSONAL GROWTH & SPIRITUAL EXPANSION

- Receive the Personal Growth and Spiritual Expansion Series of Alignments which includes Activate Your Magnetism, Claiming Your Voice, Advance with Ease and Joy, Cleanse & Protect and much more.
- Amplify over 40,000 neurons in your heart “brain” to accelerate your healing gifts and open your heart to share and receive all that you desire including love, abundance and compassion.
- Begin to receive abundance in all forms including love, time, wealth and joy.

Live Call Attunements, Week 4

The Divine Feminine Attunement will align you at a cellular level to the gifts, abilities and mysteries of the Divine Feminine. According to Eastern thought, the female energy is the receiving energy. This opens your ability to receive, so you can fully accept your own gifts (including those from other incarnations) and receive abundance in all forms: love, joy, health, abilities, wealth, support, knowledge, wisdom and more.

The Sacred Codes for the Personal Growth & Spiritual Expansion Series will attune you to the vibration of the 20 Sacred Soul Alignments in this class, so that you are able to run this energy and send them to yourself..

Recorded Healing: Unwinding Patterns of Unworthiness

Intuition Building Exercise 2: Clearing the Lower Energy Centers

WEEK 4: RELEASING LIFETIMES OF TRAUMA, PAIN AND HEARTACHE

- Receive your next powerful healing tool — The Energetic Release Technique – a somatic practice to release embedded dense emotions and trauma from the body, mind and spirit.

- Attune to your intuition and heighten your intuitive abilities in ways that will astonish and delight you (and others!)
- Learn to identify, recognize and clarify what's truly taking place beneath the surface using just your breath, when you're working on healing yourself or others.

Recorded Healing: Deep Inner Child Healing

Intuition Building Exercise 3: Clearing the Higher Energy Centers

Week 5: ACTIVATING DEEP EMOTIONAL STRENGTH AND FREEDOM

- Receive the Emotional healing Series of Alignments which includes Soul Fragment Retrieval, Sexual Trauma and Abuse Release, Guilt and Shame Release and more.
- Start to transcend emotions such as fear, sorrow, guilt and doubt so you can rise up and become who you were born to be minus heartache and sacrifice.
- Master the art of working 2 crucial aspects of our Being – The Emotional Body and Mental Body.
- Understand how to effectively merge all the tools you've learned so far for fast transformation and healing.

Live Call Attunements, Week 5

Expanding and Strengthening Your Subtle Bodies is a journey Attunement where you subtle bodies are cleansed, cleared, strengthened and activated so you can consistently and easily hold more light at a much higher vibration. This will also activate your 5 Koshas from the Verdic tradition. (Kosha means “sheath”, a covering of the Atman, or Self and they are often visualized as the layers of an onion)

The Sacred Codes for the Emotional Healing Series will attune you to the vibration of the 43 Sacred Soul Alignments in this class, so that you are able to run this energy and send them to yourself..

Recorded Healing: Addressing Trauma & the Nervous System

Intuition Building Exercise 4 Getting to know your own energy pt 1

WEEK 6: Creating the Life you desire & manifesting with the ENERGIES OF NATURE & MAGIC

- Receive the Nature and Magic Series of Alignments including the Rose Alignment, Blessings of the Rain, Miracles, Diamond Light and much more
- Learn how to work with Alignments to begin creating your magnificent new reality

- Discover how to activate physical objects such as crystal grids, artwork, music, even your clothing and your children's clothing with positive, protective, potent Sacred Soul Alignments
- Master the art of creating sacred structures, to hold and anchor the energies of the Alignments of your choosing.
- Begin reconnecting with your Starseed origins to activate gifts and wisdom you may have had in other timelines, lifetimes and dimensions

Live Call Attunements, Week 6

The Connecting to the Galaxies Attunement brings in ancient understanding, knowledge, gifts and abilities from this planet and knowledge you held in other incarnations. It connects you to your Divine Team and to your "Soul Family." It also brings in God Codes and upgrades your cells to crystalline form, which raises your vibration and allows you to plug in more consistently to higher states of consciousness.

The Sacred Codes of the Nature & Magic Series will attune you to the vibration of the 11 Sacred Soul Alignments in class, so that you are able to run this energy and send them to yourself..

Recorded Healing: Golden White Flame Activation to activate innate Healing Abilities

Intuition Building Exercise 5 Getting to know your own energy pt 2